

# Avocado

## Nutrition Facts

3.5 Servings Per Container

**Serving Size 2/3 cup (115g)**

**Amount Per Serving**

**Calories 230**

**% Daily Value \***

**Total Fat 11g 14%**

Saturated Fat 6g **30%**

Trans Fat 0g

**Cholesterol 35mg 12%**

**Sodium 135mg 6%**

**Total Carbohydrates 30g 11%**

Dietary Fiber <1g **2%**

Total Sugars 24g

Added Sugars 6g **13%**

**Protein 3g**

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0.1mg 0%

Potassium 50mg 1%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Ice Cream Base (Milk , Cream, Sugar, Corn Syrup , Skim Milk, Whey, Stabilizer & Emulsifier (Mono and Diglycerides , Guar Gum, Cellulose Gum, Carrageenan ), Avocado, Granulated Sugar, Lemon Juice, Vanilla Flavor, Salt

**Contains:** Milk

Coney Island Creamery  
623 W Covina Blvd.,  
San Dimas, CA 91773

# Avocado 5 oz

## Nutrition Facts

1 Serving Per Container

**Serving Size**

**1 Container (115g)**

**Amount Per Serving**

**Calories**

**230**

**% Daily Value \***

**Total Fat** 11g **14%**

Saturated Fat 6g **30%**

*Trans* Fat 0g

**Cholesterol** 35mg **12%**

**Sodium** 135mg **6%**

**Total Carbohydrates** 30g **11%**

Dietary Fiber <1g **2%**

Total Sugars 24g

Added Sugars 6g **13%**

**Protein** 3g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0.1mg 0%

Potassium 50mg 1%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Ice Cream Base (Milk, Cream, Sugar, Corn Syrup, Skim Milk, Whey, Stabilizer & Emulsifier (Mono and Diglycerides, Guar Gum, Cellulose Gum, Carrageenan)), Avocado, Granulated Sugar, Lemon Juice, Contains less than 2% of Vanilla Flavor and Salt.

**Contains:** Milk

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# Satsuma Pint

## Nutrition Facts

3.5 Servings Per Container

**Serving Size 2/3 cup (107g)**

**Amount Per Serving**

**Calories 210**

**% Daily Value \***

**Total Fat** 10g **12%**

Saturated Fat 6g **29%**

*Trans* Fat 0g

**Cholesterol** 35mg **12%**

**Sodium** 125mg **5%**

**Total Carbohydrates** 28g **10%**

Dietary Fiber 0g **0%**

Total Sugars 23g

Added Sugars 5g **11%**

**Protein** 3g

Vitamin D 0mcg **0%**

Calcium 0mg **0%**

Iron 0.0mg **0%**

Potassium 10mg **0%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Ice Cream Base(Pasteurized Milk,Cream,Sugar, Corn Syrup, Skim Milk, Whey Stabilizer & Emulsifier(Mono & Diglycerides , guar gum,cellulose gum, carrageenan)), Satsuma Mandarin, Granulated Sugar, contains 2% or less of Vanilla and Salt.

**Contains:** Milk

Coney Island Creamery  
623 W Covina Blvd.,  
San Dimas, CA 91773

# Satsuma

## Nutrition Facts

1 Serving Per Container

**Serving Size**

**1 Container (107g)**

**Amount Per Serving**

**Calories**

**210**

**% Daily Value \***

**Total Fat** 10g **12%**

Saturated Fat 6g **29%**

*Trans* Fat 0g

**Cholesterol** 35mg **12%**

**Sodium** 125mg **5%**

**Total Carbohydrates** 28g **10%**

Dietary Fiber 0g **0%**

Total Sugars 23g

Added Sugars 5g **11%**

**Protein** 3g

Vitamin D 0mcg **0%**

Calcium 0mg **0%**

Iron 0.0mg **0%**

Potassium 10mg **0%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Ice Cream Base(Pasteurized Milk,Cream,Sugar, Corn Syrup, Skim Milk, Whey Stabilizer & Emulsifier(Mono & Diglycerides, guar gum,cellulose gum, carrageenan)), Satsuma Mandarin, Granulated Sugar, contains 2% or less of Vanilla and Salt.

**Contains:** Milk

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